



THE BIG Christmas Cupcake and Cuppa

Once again this festive season we're inviting businesses big and small, schools, cafes, community groups and individuals to put the kettle on, get baking or buying, turn up their favourite Christmas tunes and help us to raise vital funds to support the mental health and emotional wellbeing of children, young people and families!

Here's how your money can help...

£195

FUNDS A 1:1 SESSION
FOR A CHILD
RECOVERING FROM
TRAUMA.

£458

FUNDS 6
RECREATIONAL
THERAPEUTIC
SESSIONS FOR 1 CHILD
STRUGGLING WITH
ANXIETY.

£744

FUNDS A REFERRAL TO
OUR BABYLOSS
SERVICE.

£851

WOULD FUND 9
MONTHS SUPPORT
WITH OUR
BEDFORDSHIRE
SUICIDE
BEREAVEMENT
SERVICE.

How to take part.

Choose a date in December for your event and share your invites

Bake your cupcakes and festive treats (ask your friends to help!)

Hold your event in return for a £3 donation

Capture the moment and share your photos using #CupcakeforCHUMS

Why not add a raffle to boost your fundraising!

Send in your donation.



SIGN UP NOW!

www.chumscharity.org/christmas-cupcake

